

1. You are prone to criticize and nit-pick others when they disappoint you
2. You don't often feel strong emotions about other's difficult situations
3. You have people that you regularly avoid because you dislike them
4. You are often irritable, grumpy, frustrated and annoyed.
5. You avoid menial tasks at home or work (cleaning, handling bills, balancing checkbook)
6. You think that rules don't always apply to you and that you can bend them, if needed
7. You don't have much time for others, unless they can help you
8. Your personal interests/hobbies are a top priority in your week
9. You often send food back at restaurants, demand refunds or complain about service
10. You wait until the last-minute to purchase gifts for your loved ones
11. You rarely interact with people who are different, less educated or don't dress like you
12. You focus on relationships that help you achieve your goals and ignore the others
13. You find asking for forgiveness very difficult or impossible
14. You are prone to feeling sorry for yourself and your problems
15. You focus on building relationships with people who can help you in life
16. You have high standards and are quick to complain when they are not met
17. You are defensive when questioned or think you are being criticized
18. You are a people-pleaser who wants to impress the right people
19. You feel comfortable with white lies, if they keep the peace.
20. You often withhold information from your spouse or others close to you
21. You regularly forget to do things others have asked you to do because of your priorities
22. You find yourself worrying about many things that never occur
23. You have irrational fears that you have developed
24. You believe your problems are mostly caused by other people
25. You often believe that life is unfair toward you
26. You forgive others only when they apologize for what they have done
27. You don't consider yourself romantic or lovingly spontaneous toward your spouse
28. You find yourself exaggerating about things in your past to impress people
29. You have thoughts of revenge and getting even with others

30. You expect your spouse to read your mind and know what you want
31. You rarely clean up after yourself, often just dropping your clothes on the floor
32. You don't have time to make your bed each morning
33. Your spouse has taken vacations with others because you are picky about where you go
34. You spend a lot of time away from your family to meet your personal goals.
35. You accumulate lots of things but find it difficult to give them away or sell them
36. You feel you deserve the finer things in life, because you have paid your dues
37. You consider yourself a private person and feel uncomfortable with transparency
38. You tend to hold grudges and become easily offended
39. You often wonder why more people are not like you, because the world would be a better place
40. You feel the need to control others and your environment so that it doesn't agitate you
41. Other people's children are usually annoying
42. You are very selective about where you will eat out or shop
43. You have clothing you have purchased years ago but have never worn
44. You don't have any friends who you are fully transparent with
45. You find it hard to laugh at yourself or the funny things that you do
46. You try not to get involved with others whose situations look difficult or time-consuming
47. You find it difficult to maintain a meaningful devotional time during the week because of priorities
48. You feel like your spouse or others close to you, owe you something
49. You find yourself jealous of others who have had more success than you, in life.
50. You rarely share the gospel with others because you don't want to offend anyone